



Moving with the Beloved

PS202a

With Rev. Cynthia Johnson Bianchetta

Experience yourself as an Enlightened Body of Oneness through movement explorations, meditation, and prayer.

Influenced by Continuum and Authentic Movement and the Five Rhythms of Ecstatic Dance.

January 7 – 28, 2017 \$78

(or \$195 when registered with PS202 b and c)

4 Saturdays, 10:00 a.m. – 1:00 p.m.

Taught by Rev. Cynthia Johnson Bianchetta from her 30 year practice at Esalen. The work is intended to be soft and gentle for each participant. No prior dance experience necessary.

